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|  | This is an easy read survey about the: |
|  | **Nottinghamshire Joint Health and Wellbeing Strategy (Plan)**  **2022 – 2026**  Nottinghamshire County Council and their partners are writing a 4-year plan. |
|  | **What is the plan about?** |
|  | * How we can improve the health and wellbeing of people living in Nottinghamshire. |
|  | * How we can help to reduce unfair differences in health (inequalities). |

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|  | **How you can help** |
|  | We want you to tell us what is important to you and your health and wellbeing. |
|  | What you say will help us plan the important issues we will work on (priorities) for the next 4 years. |
|  | There are a lot of things to think about when you answer these questions. |
|  | If you need help or don’t understand some of the information please ask someone who supports you to help. |

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|  | **When you have completed the survey** |
|  | **You can post it FREE to:**  **FREEPOST RTCU-CTYJ-XXKA**  Joint Health and Wellbeing Strategy  Public Health  Nottinghamshire County Council  County Hall  Nottingham  NG2 7QP |
|  | **You can email it to:**  [**nottshws@nottscc.gov.uk**](mailto:nottshws@nottscc.gov.uk) |
|  | **You can phone the Customer Service Centre on**    0300 500 8080,  They will help you to complete the survey over the phone. |

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|  | **Section 1**  **Our Vision (goal) and Ambitions** |
|  | The plan will help us work together to: |
|  | * Help people in Nottinghamshire to live healthier and happier lives. |
|  | * Help people to enjoy being part of their communities. |
|  | * Help people to stay independent as they get older. |

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|  | **Question 1**  **Do you agree with our vision (goal) and what we want the plan to do?**  Please tick  1 box | | |
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| **Yes** | | **No** | **Don’t know** |
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|  | **If you said NO can you tell us why?** |
| Please write your answer here: | |

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|  | **Our 4 Ambitions**  How we want to improve the health and wellbeing of people living in Nottinghamshire. |
|  | **1 Every child will have the best start in life.**  We will improve the life chances for all children living in Nottinghamshire. |
|  | **2. Everyone can get the right support to improve their health**  All services will work together to improve how they support good health & wellbeing. |
|  | **3. Create healthy and sustainable places for people to live** |

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|  | Everyone will live, work and grow older in places that: |
|  | * Support good health |
|  | * Take away the causes of unfair differences in health. |
|  | * Support changes that will help stop the climate problems |
|  | **4. Keep our communities safe and healthy**  We will make sure people are safe from harm and that their needs are met. |
|  | Services will support people to live the lives they want. |

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|  | **Question 2**  **Do you agree with our 4 ambitions?** | | |
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| **Yes** | | **No** | **Don’t know** |
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|  | **If you said NO can you tell us why?** |
| Please write your answer here: | |

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|  | **Question 3**  **Is there anything missing from the list?** | | |
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| **Yes** | | **No** | **Don’t know** |
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|  | **If you said YES**  Can you tell us what you think is missing?  Can you tell us why you think it should be on the list? |
| Please write your answer here: | |

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|  | **Section 2**  **Our priorities to improve your health and wellbeing.**  The most important things we need to do that will improve people’s health and wellbeing. |
|  | We have looked at what people told us in the Big Notts Survey. |
|  | People said the biggest worry is the physical health of family, friends and others. |
|  | We have looked at lots of information to see what the biggest risk is to people’s health and wellbeing in Nottinghamshire. |
|  | We think there are 9 important issues for the new Health and Wellbeing Plan.  They are: |

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|  | **1 Mental Health**  Good mental health and wellbeing should be supported for everyone. |
|  | **2 Food insecurity**  This means making sure people have enough good quality healthy food to help them live active and healthy lives. |
|  | **3 Healthy weight**  We will make it easier for people to make healthy choices, so that they can lose weight. |
|  | **4 Air quality**  Having cleaner air will mean fewer people with heart and lung disease. Greener spaces with less traffic will make places heathier for everyone. |

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|  | **5 Homelessness**  People who are homeless have worse health and wellbeing than others.  Stopping people becoming homeless and having support services to help with physical and mental health problems will improve the lives of people who are homeless. |
|  | **6 Alcohol**  Deaths because of alcohol have gone up. Helping people cut down the amount of alcohol they have will improve their physical and mental health. |
|  | **7 Tobacco**  Helping people to stop smoking improves their health. It means they are less likely to die at a young age. |
|  | **8 Domestic Abuse**  This has a huge effect on people’s lives. We need to stop abuse and protect people affected by it. |
|  | **9 Best Start in Life**  Supporting parents when they are planning to have a baby and helping families with young children is important. This will give a child the best chance to do well in their life. |

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|  | **Question 4**  **Do you agree these are the 9 most important issues for us to work on?** | | |
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| **Yes** | | **No** | **Don’t know** |
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|  | **If you said NO can you tell us why?** |
| Please write your answer here: | |

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|  | **Question 5**  **Which of the 9 most important issues from the plan do you think would affect you and your family the most?**  You can tick  up to **4** boxes | |
|  | **1 Mental Health** |  |
|  | **2 Food insecurity**  Making sure people have enough good quality, healthy food to help people live active and healthy lives. |  |
|  | **3 Healthy weight** |  |
|  | **4 Air quality** |  |

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|  | **5 Homelessness** |  |
|  | **6 Alcohol** |  |
|  | **7 Tobacco** |  |
|  | **8 Domestic Abuse** |  |
|  | **9 Best Start in Life** |  |

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|  | **Question 6**  Thinking about the health and wellbeing of other people living in your local community. | |
|  | **Which of the 9 most important issues from the plan do you think would affect your community?**  You can tick  up to **4** boxes | |
|  | **1 Mental Health** |  |
|  | **2 Food insecurity** |  |
|  | **3 Healthy weight** |  |
|  | **4 Air quality** |  |

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|  | **5 Homelessness** |  |
|  | **6 Alcohol** |  |
|  | **7 Tobacco** |  |
|  | **8 Domestic Abuse** |  |
|  | **9 Best Start in Life** |  |

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|  | **Question 7**  **Do you think anything is missing from this list?**  Please tick  1 box | | |
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| **Yes** | | **No** | **Don’t know** |
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|  | **If you said YES there is something missing.**  Can you tell us what you think is missing?  Can you tell us why you think it should be on the list? |
| Please write your answer here: | |

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|  | **How could we make the biggest difference to the issues you chose as the most important for you?** |
| Please write your answer here: | |

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|  | **About you**  **Why is it important to ask questions about you?** |
|  | It helps us to understand how people from different groups and backgrounds feel about the questions. |
|  | It helps us to make sure that we have heard from a wide group of people from across Nottinghamshire. |
|  | **How we will protect and look after my information** |
|  | There are rules and laws that tell the Council how they must look after your information.  The Council must keep your information confidential and safe. |
|  | You can find out more about this by clicking the link below:  [**https://www.nottinghamshire.gov.uk/global-content/privacy**](https://www.nottinghamshire.gov.uk/global-content/privacy) |

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|  | | | **Question 1**  **What is your age?**  Please tick  1 box. | | | | |
| **Under 18** |  | | | **18 to 24** |  | **25 to 34** |  |
| **35 to 44** |  | | | **45 to 54** |  | **55 to 64** |  |
| **65 to 74** |  | | | **Over 75** |  |  |  |
|  | | **Prefer not to say** | | |  | | |

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|  | **Question 2**  **What is your gender?**  Please tick  1 box | | | | | |
|  | Female | | |  | | |
|  | Male | | |  | | |
|  | Prefer not to say | | |  | | |
|  | Prefer to say in my own words. | | |  | | |
| Please write here: | | | | | | |
|  | **Question 3**  **What is your ethnic origin?**  Please tick  1 box | | | | | |
| White - English/Welsh/Scottish/  Northern Irish/British | |  | White - Gypsy or Traveller | | |  |
| White – Irish | |  |  | | |  |
| White - any other background  (please write below ) | | |  | | | |
|  | | | | | | |
| Black/Black British | |  | Black/Black British - African | | |  |
| Black/Black British – Caribbean | |  |  | | |  |
| Black/Black British - Any other Black, background  (please write below ) | | |  | | | |
|  | | | | | | |
| Mixed - Black Caribbean & White | |  | Mixed - Black African & White | | |  |
| Mixed - Asian & White | |  |  | | |  |
| Mixed - any other mixed background  (please write below ) | | |  | | | |
|  | | | | | | |
| Asian/Asian British – Indian | |  | Asian/Asian British - Pakistani | | |  |
| Asian/Asian British – Bangladeshi | |  | Asian/Asian British - Chinese | | |  |
| Asian/Asian British - Any other Asian background  (please write below ) | | |  | | | |
|  | | | | | | |
| Arab | |  |  | | |  |
| Any other ethnic group  (please write below ) | | |  | | | |
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|  | Prefer not to say | | | |  | |

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|  | **Question 4**  **Do you have a long-term disability?** | | |
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| **Yes** | | **No** | **Prefer not to say** |
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|  | **Question 5**  **What is your employment status?**  Please tick  1 box | | | |
| Employed full time  (30 hours a week or more) | |  | Employed part-time  (30 hours or less) |  |
| Self-employed full-time | |  | Self-employed part-time |  |
| Employed as an apprentice | |  | Full time education or training  (Not working) |  |
| Unemployed and currently not looking for work | |  | Unemployed and looking for work |  |
| Unemployed and unable to work | |  | Long term sick or disabled |  |
| Retired from work | |  | Looking after family/home |  |
| Not working other | |  | Do not want to say |  |

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|  | **Question 6**  **Please tell us your postcode?**  This helps us to know if we have views from people across Nottinghamshire. | |
|  | **My postcode is:\_\_\_\_\_\_\_\_\_\_\_\_\_** | |
|  | I prefer not to say |  |